

Morgan Cassimere

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PROFESSIONAL SUMMARY

Dedicated and passionate high school senior with a strong academic record and extensive community service experience. Seeking to leverage leadership skills and commitment to excellence in further education and extracurricular activities.

EDUCATION

Heights High School (Houston, TX)

Senior Class of 2026

IB Diploma Programme Candidate

Weighted GPA: 4.8077

Unweighted GPA: 4.000

Class Rank: Top 1% (7/565)

SAT Score: 1320

SCHOOL ORGANIZATIONS

Interact, Jan 2023 – Present

- .Completed 20+ hours of community service
- .Created bags for the Nehemiah Homeless Project
- .Designed handmade inspirational cards for teachers and breast cancer patients

Ladies of Power, Mar 2023 – Present

- .Completed 30+ hours of community service
- .Created handmade cards for hospitalized kids
- .Restocked feminine products in women's restrooms

National Honor Society, Feb 2024 – Present

- .Completed 80+ hours of community service
- .Service activities include but are not limited to Algebra I tutoring, creating motivational cards for Breast Cancer patients, teaching young kids dances, etc.
- .Attended bi-yearly meetings

LEADERSHIP EXPERIENCE

Redcoats Dance Team, Aug 2023 - Jun 2024

Secretary Social Officer

- .Created and published 10 monthly newsletters to highlight previous and upcoming activities (6 hrs per month)
- .Created a monthly bulletin board with motivational themes to boost team morale (1 hr per month)
- .Designed dance room decor for the entire school year, creating a welcoming dance room environment
- .Organized team fundraisers, socials, Winter Show, Spring Show, and team end-of-the-year banquet

Redcoats Dance Team, Aug 2024 – Jun 2025

Lieutenant Colonel

- .Choreographed over 15 routines (Pep rallies, Winter Show, Spring Show) and managed daily practice schedules (2 hrs per week)
- .Checked daily attendance for all dancers
- .Collaborated with Colonel to correct over 30 routines, 10 Football Games, 10 Pep Rallies, 5 Winter Show performances, and 5 Spring Show performances (9 hrs per week)
- .Created a motivational acronym and team chant to boost team engagement

Redcoats Dance Team, Aug 2025 – Present

Colonel (Highest Rank Military Officer)

- .Head of communication and organization for all dance practices (morning and evening)

- .Organized weekly team schedule (1 hr per week)
- .Checked daily attendance for teammate
- .Provided feedback to 23 fellow teammates on dance routines
- .Judged dancers for contest competition routines
- .Led dance team in 3 Pep rallies and 3 Football game performances

WORK EXPERIENCE

Verizon STEM Camp, Jun 2024 – Jul 2024

Volunteer Coordinator

- .Earned 70 hours of work experience spanning a three-week period
- .Managed attendance spreadsheets and organized camp materials
- .Assisted in the morning drop-off and pickup of campers
- .Coordinated weekly field trips with the program director

VOLUNTEER EXPERIENCE

Wheeler Avenue Baptist Church, Jun 2019 – Present

Youth Usher

- .Served in the first service every 5th month (5 times a year, 2 hrs per service)
- .Guided church members to their seats
- .Handed out money envelopes and tissues as needed to church members

Houston Food Bank, March 2022 - Present

Volunteer

- .Sanitized and sorted incoming food

Intern, Jul 2023 – Jul 2023

Houston First Baptist Church Daycation Camp

- .Earned 60 hours of community service spanning a three-week period
- .Organized and color-coded over 100 name badges for campers
- .Gathered supplies for camp counselors
- .Assisted with food distribution for over 100 campers
- .Collaborated with counselors to create a fun and interactive environment through camper games and crafts

Wheeler Avenue Baptist Church, Jan 2024 – Present

Children's Ministry Volunteer

- .Assisted primary teachers with 3rd and 4th grade students with Sunday lessons (Once a month, 2 hrs per service)
- .Helped maintain classroom order and distributed materials
- .Distributed Bibles and lesson plans to students
- .Answered questions for students who required additional help with activities
- .Spent additional outside classroom time with students experiencing behavioral issues

CAREER-RELATED ACTIVITIES: NURSING

Compass RN Nursing Camp (Houston, TX), Summer 2025

Participant

- .Gained knowledge of a variety of nursing careers and fields through nursing panel
- .Spoke to various nursing programs at Texas colleges at Nursing College fair
- .Learned proper technique to insert an intravenous needle into a patient
- .Spoke to a variety of nurses and learned about their career path and journey into their respective field
- .Learned how to manage and operate hospital beds properly
- .Gained knowledge on the steps for assessing patients as they enter a hospital setting

Townsend Memorial Surgery Center (Houston, TX), Summer 2025

Volunteer

- Volunteered for 3 hours per week during a two-week period
- Shadowed a Gastroenterologist and General Surgeon
- Saw nurses check vitals and comfort patients in the Pre-Operational room
- Followed patients into the Surgical Operating Room for setup and procedures
- Watched nurses check vitals and comfort patients in the Post-Operational room
- Gained knowledge of the proper use of surgical tools

University of Texas at Austin Sports Medicine Camp (Austin, TX), Summer 2025

Participant

- Simulated care following sports injury
- Practiced splint and taping preparation for injuries
- Gained extensive knowledge of bodily injuries
- Toured athletic training and rehabilitation facility

AWARDS & RECOGNITIONS

Heights High School: **Heights High School Highest Honors for 5 cycles, May 2023**

Heights High School: **Academic Excellence Award for Outstanding Achievements, May 2023**

Redcoats Dance Team: **Kindest Award at Redcoats Banquet, May 2023**

Heights High School: **IB Panel Sophomore Pre-IB Student Representative, Feb 2024**

Crowd Pleasers Dance Competitions: **Platinum Award at 2 Crowd Pleasers Dance Competitions, Feb 2024**

Heights High School: **Heights High School Highest Honors for 6 cycles, May 2024**

Heights High School: **Academic Excellence Award for Outstanding Achievements, May 2024**

Redcoats Dance Team: **Miss Jazz Dancer of the Year, May 2024**

College Board: **2025 National Recognition Program Awardee, Dec 2024**

Ascension Dance Competition: **3rd Place Solo Routine-Classic Category, Feb 2025**

Heights High School: **IB Diploma Program Panel IB Student Representative, Mar 2025**

Heights High School: **Heights High School Highest Honors for 6 cycles, May 2025**

Heights High School: **Academic Excellence Award for Outstanding Achievements, May 2025**

Redcoats Dance Team: **Kindest Heart Award, Redcoats Banquet, May 2025**

Redcoats Dance Team: **Miss Fundraising Queen of the Year, May 2025**

Heights High School: **Heights High School Highest Honors for 4 cycles, Dec 2025**

DANCE EXPERIENCE

Heights Redcoats Varsity Dance Team Aug 2022 – Present

- Competed at various competitions, including the National Level
- Freshman Year – 3 Dance Competitions
- Sophomore Year – 2 Dance Competitions
- Junior Year – 3 Dance Competitions
- Senior Year – 2 Dance Competitions

CERTIFICATION

Texas Industry-Based Certification: Adobe Certified Professional In Visual Design Using Adobe Photoshop

June 2024

SKILLS

Leadership and Teamwork, Strong Communication and Organizational Skills, Community Service and Volunteering, Dance Choreography and Performances